

QUIET TIME BUFFET



EACH DAY: **BIBLE • PRAYER • DEVOTIONAL • BONUS**

BIBLE

OPTION 1

Do your Bible reading plan.
(Dwell, Bible, or Daily Audio Bible app)

After you do this 4 times, mix it up!

OPTION 2

Meditate on and pray verses
you've previously highlighted.

After you do this 4 times, mix it up!

OPTION 3

Read a Bible chapter the Holy Spirit
lays on your heart or brings to mind.

After you do this 4 times, mix it up!

OPTION 4

Do a Character study on a prominent
character in Scripture. (Pen or
computer required)

After you do this 4 times, mix it up!

OPTION 5

Summarize a Bible book paragraph by
paragraph. (Pen or computer required)

After you do this 4 times, mix it up!

OPTION 5

Listen to the Dwell app, or Daily Audio
Bible.

After you do this 4 times, mix it up!

PRAYER

OPTION 1

Pray from a prayer list, family, extended
daily, church leaders, church world
(cards/Evernote's/word).

After you do this 4 times, mix it up!

OPTION 2

Use the Echo Prayer App and follow
the Fierce channel to pray for Fierce.

After you do this 4 times, mix it up!

OPTION 3

Personal journaling - write your
prayers

After you do this 4 times, mix it up!

OPTION 4

Write a letter to the Lord when you're
emotionally overwhelmed or don't
know what to say.

After you do this 4 times, mix it up!

OPTION 5

Do a practice session with Prayer Pocket
App

After you do this 4 times, mix it up!

OPTION 6

A.C.T.S. (Adoration, Confession,
Thanksgiving, Supplication)

After you do this 4 times, mix it up!

OPTION 7

Spend some time asking the Holy
Spirit to bring sin to mind that you
need to confess and repent of.

After you do this 4 times, mix it up!

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DEVOTIONAL BOOKS

OPTION 1

Daily Devotional Book
ie. My Utmost for His Highest, Jesus Calling.

After you do this 4 times, mix it up!

OPTION 2

Christian Living Book
ie. Wild At Heart, Battlefield of the Mind.

After you do this 4 times, mix it up!

OPTION 3

Christian Thinking Book
ie. A commentary or theology book.

After you do this 4 times, mix it up!

OPTION 4

Vision Increase Book
ie. Rick Joyner, John Bunyan.

After you do this 4 times, mix it up!

OPTION 5

Read or listen to a spiritually profitable book for 20 minutes.

After you do this 4 times, mix it up!

OPTION 5

Read or listen to a spiritually profitable audiobook that the Lord lays on your heart.

After you do this 4 times, mix it up!

BONUS

OPTION 1

Go on a Nature walk.

After you do this 4 times, mix it up!

OPTION 2

Worship God to some songs that are particularly meaningful to you.

After you do this 4 times, mix it up!

OPTION 3

Pray in tongues (if you have a prayer language).

After you do this 4 times, mix it up!

OPTION 4

Visit a place you've seen God move in the past and pray there.

After you do this 4 times, mix it up!

OPTION 5

Get on your knees or lie prostrate and worship God for His mercy and faithfulness.

After you do this 4 times, mix it up!

HOW DO YOU CONNECT WITH GOD? ADD YOUR OWN IDEAS.