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What to Do When You
**DON'T KNOW
WHAT TO DO**

PART ONE

TRUST
IN THE
LORD

PART 1: TRUST IN THE LORD

Are you ever amazed at how insanely complicated life can become? If you're anything like me, you know that the pace of life can quickly blur out of control. My wife calls it, "everything coming to the front". It tends to feel like too many open apps on your computer depleting the power necessary to run any of them well.

- The floors need to be refinished
- A kid needs to take their driver's test
- A discouraged friend needs an impromptu coffee
- A volunteer needs to be corrected firmly enough to take it seriously, but gently enough to know I believe in them
- A project at work is due a week earlier than expected
- An irate client is refusing all of your best efforts to meet their needs

Of course, you want to find the savviest solution and quickest workarounds in times like these. And there are probably people around you who have decent advice.

Still, in moments like these, some of the best advice we can take is found in the book of Psalms:

“Trust in the Lord and do good; Dwell in the land and cultivate faithfulness.”

PSALMS 37:3, NASB

PART 1: TRUST IN THE LORD

Let's take a closer, quick look at the first directive.

Trust in the Lord.

Trusting the Lord can feel like the opposite of **DOING** something, yet it is the most potent thing we can do. **START** with trusting Him. That means saying things to ourselves like,

- Jesus takes care of me.
- Jesus knows what to do next.
- The Lord will accomplish His purposes concerning me.
- God is superintending my entire life.
- Jesus didn't bring me here to leave me here.
- I don't have to know **HOW** God is going to deliver me!
- Nothing is too hard for the Lord!
- Jesus' thoughts toward me are always kind and faithful!
- I won't doubt in the dark what He showed me in the light!

**Here is the truth: God has the
entirety of your life planned.**

PART 1: TRUST IN THE LORD

He knows the nuanced details of every hour. He knows what you need when you need it. If He is really the good Father you claim he is, you can trust His heart even when you don't know His plan or purpose with a situation. Trust Him again today. Let go of responsibility for the results. We often want to know HOW or WHEN God is going to move in our situation but the truth is that walking with God always requires unanswered questions that we'd prefer to know. Look at the path that you're on right now and say this out of your mouth,

"God is the God over THIS! He is not intimidated and He will not be one second late! He is my friend! He knows what to do and He ALWAYS has my back!

Trusting the Lord and resting in His loving, sovereign care is part of the work (rest) of being a disciple.

PRAY IT

Holy Spirit - help me proactively trust You with each and every area where I am experiencing tension or anxiety. I believe You are FOR me, that you know what to do, and that You will use even my mustard seed of faith to work miracles (Luke 17:6).